

Recipe Name	Gluten Source Wheat	Gluten Source Rye	Gluten Source Barley	Gluten Source Oats	Gluten Source Spelt	Gluten Source Kamut	Crustaceans	Egg	Fish	Peanuts	Soybeans	Milk	Nuts (other) Almonds	Nuts (other) Hazelnuts	Nuts (other) Walnuts	Nuts (other) Cashew Nuts	Nuts (other) Pecan	Nuts (other) Brazil Nuts	Nuts (other) Pistachios	Nuts (other) Macadamias	Sesame seeds	Sulphur Dioxide and Sulphites	Molluscs	Celery/ Celernac	Mustard	Lupin
Ghille Dhu Cheese Toastie	Y	N	N	N	May	May	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N
Ghille Dhu Sourdough Salted Butter	Y	Y	May	May	May	May	N	N	N	May	Y	N	May	May	May	N	N	N	N	N	May	N	N	N	N	N
haggi bon bons	Y	N	N	Y	May	May	N	Y	N	May	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
black pudding scotch egg	Y	N	N	Y	May	May	N	Y	N	May	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N
Ghille Dhu Board	Y	May	May	Y	May	May	N	Y	N	May	Y	May	May	May	May	May	May	May	May	May	May	N	Y	Y	Y	N
Ghille Dhu Scotch Broth	Y	Y	Y	May	May	May	N	N	N	Y	Y	N	May	May	May	N	N	N	N	N	May	N	N	Y	Y	N
Ghille Dhu House Hot Smoked Stamon	Y	N	Y	Y	May	May	N	N	Y	N	May	Y	N	N	N	N	N	N	N	N	N	Y	N	Y	Y	N
Ghille Dhu Hen Of The Wood Fried Mushrooms	Y	N	N	N	May	May	N	Y	N	May	Y	N	May	May	May	May	May	May	May	May	N	Y	N	Y	Y	N
Ghille Dhu Shetland Mussels	Y	May	May	May	May	May	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	Y	N
Ghille Dhu Smoked Duck	N	N	N	N	N	May	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N
Ghille Dhu Chowder	Y	Y	Y	May	May	May	N	May	Y	N	May	Y	N	May	May	May	May	May	May	May	N	Y	N	Y	Y	May
Ghille Dhu Heritage Beetroot, Maple, Radicchio, Arran Mustard dressing	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N
Ghille Dhu Haggi, Potato Waffle, Pickled Turnip, Whisky Cream	Y	N	May	Y	May	May	N	Y	N	Y	Y	N	N	N	N	N	N	N	N	N	May	Y	N	Y	Y	N
Ghille Dhu House Curry	Y	N	May	N	May	May	N	Y	May	Y	N	May	May	May	May	May	May	May	May	May	Y	Y	May	May	May	N
Ghille Dhu Beef Cheek pie	Y	N	Y	N	May	May	N	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	Y	Y	N
Ghille Dhu Fish & Chips	Y	N	Y	N	May	May	N	Y	N	N	May	Y	N	N	N	N	N	N	N	N	N	Y	N	Y	Y	N
Ghille Dhu Salmon En Croute	N	N	N	N	N	N	N	Y	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N
Ghille Dhu Highland Blue Murder	N	N	Y	N	May	May	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Y	Y	N
Ghille Dhu Lamb Pie	Y	N	Y	N	May	May	N	N	Y	N	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	Y	Y	N
Ghille Dhu Ham Egg Chips	N	N	N	N	N	N	N	Y	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N
Ghille Dhu Flat Iron Steak	Y	N	Y	N	May	May	N	N	N	N	May	Y	N	N	N	N	N	N	N	N	N	Y	N	Y	Y	N
Ghille Dhu Squash Tagliatelle	Y	N	N	N	May	May	N	Y	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N
Ghille Dhu Triplet Cooked Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N
Ghille Dhu Truffle Mac & Cheese	Y	N	N	N	May	May	N	N	N	N	May	Y	N	N	N	N	N	N	N	N	N	Y	N	Y	Y	N
Ghille Dhu Tender stem Broccoli, almonds	N	N	N	N	N	N	N	N	N	May	N	Y	N	May	May	May	May	May	May	May	N	N	Y	Y	Y	N
Ghille Dhu CRESS SALAD	Y	May	May	May	May	May	N	Y	Y	N	N	Y	N	N	N	N	N	N	N	N	May	N	Y	Y	Y	N
Ghille Dhu Cranachan	N	N	N	Y	May	May	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Seasonal Scottish Cheese Board - Ghille Dhu	Y	N	Y	Y	May	May	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N
Ghille Dhu Blackberry apple crumble	Y	N	N	Y	May	May	N	N	N	May	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Ghille Dhu Guinness Cake	Y	N	May	N	May	May	N	Y	N	N	May	Y	N	N	N	N	N	N	N	N	May	May	N	May	May	N
Ghille Dhu Falafel	May	N	N	N	May	May	N	N	N	Y	N	May	May	May	May	May	May	May	May	May	N	N	Y	Y	Y	N
fish sandwich	Y	Y	May	May	May	May	N	Y	N	N	May	N	N	N	N	N	N	N	N	N	N	May	N	Y	Y	N
steak and egg	Y	N	May	May	May	May	N	Y	N	N	May	N	N	N	N	N	N	N	N	N	N	May	N	N	Y	N
pastrami sandwich ghille	Y	Y	May	May	May	May	N	Y	N	May	Y	N	May	May	May	May	May	May	May	May	Y	May	N	Y	Y	N